COLLABORATIONS WITH HEALTH INSTITUTIONS

Masters' Union, Gurugram

Masters' Union works with local, national and global health and well-being organisations to improve the physical and mental health of its students, employees and the wider community. These are ongoing partnerships with independent organisations that are not owned or managed by Masters' Union, covering mental health, medical care, preventive screening, diagnostics, health protection and community health.

Local collaborations

Medanta Hospital. A Medanta Mediclinic operates on the Masters' Union campus, and Medanta Hospital, Gurugram, supports emergency care, specialist consultations and medical camps. A free medical camp with Medanta provided consultations and preventive screening to 111 students, employees and professionals working at DLF Cyber Park.

BioCity Healthcare. Masters' Union works with BioCity Healthcare to run free wellness check-up camps on campus. A recent camp offered blood pressure screening, Body Mass Index (BMI) assessment, Complete Blood Count (CBC) and other blood tests, skin and hair analysis, and one-to-one medical consultations to 208 participants.

National collaborations

Amaha. Amaha, a mental healthcare provider with clinics in Delhi, Gurugram, Bengaluru and Mumbai, delivers the Masters' Union Campus Emotional Well-being Programme. Under this partnership, students receive:

- unlimited one-to-one therapy by audio, video or in person at Amaha clinics;
- psychiatric consultations, online or at Amaha's Delhi clinic;
- onsite counsellor visits to campus;
- the Amaha self-care app, with self-care programmes, mood tracking, journaling and peer-support communities, available to all students, faculty and staff; and
- monthly mental health newsletters and awareness material.

Ekaant. Ekaant, a workplace mental wellness provider, runs the Masters' Union Employee Assistance Programme. It offers employees unlimited confidential one-to-one therapy and coaching, monthly wellness workshops and webinars, onsite psychologist visits and expert-led live sessions on mental well-being.

Dr. Lal PathLabs. Under a memorandum of understanding with Dr. Lal PathLabs, one of India's largest diagnostic networks, Masters' Union employees and their families receive a privileged discount on pathology and radiology tests at company-owned centres across India, including home sample collection.

Niva Bupa Health Insurance and Magma General Insurance Limited. These health insurance partnerships support access to medical care and health protection. Group cover includes hospitalisation, day-care procedures, maternity, AYUSH treatment and hospitalisation for mental illness.

Global collaborations

DKMS. Masters' Union and the student-led SEWA Club collaborated with DKMS, an international non-profit working against blood cancer, on a stem-cell donor awareness and registration drive. The programme introduced participants to blood cancers, stem-cell transplantation and donor registration.

Kiwanis Club. The SEWA Club partnered with the Kiwanis Club, part of the global Kiwanis service network, on Run for a Cause, a community run in Gurugram that promoted physical activity and raised more than ₹34,000 to sponsor two prosthetic limbs for people from underserved communities.

Brahma Kumaris. Masters' Union held a meditation retreat at the Brahma Kumaris Retreat Centre, Manesar, where guided sessions on mindfulness, inner peace and emotional clarity supported the mental well-being of 57 students and staff.

Robin Hood Army. Masters' Union volunteers joined the Robin Hood Army, a global volunteer network fighting hunger, for a 24-hour food donation drive in Ghata Village, supporting nutrition in an underserved community.

Outcomes

Together, these collaborations give students and employees free access to professional mental health care, on-campus medical support, preventive health screening, affordable diagnostics and health protection, and extend health support to people outside the university.